

## WHAT'S HAPPENING AT



March 2014

### New Board Digs In

On Tuesday the 11th, FSC's new Board of Directors held its first meeting under the guidance of new president, Mary F. New Board members, treasurer Casey T., secretary Diana Z. and directors-at-large Matt K. and Fritz M., filled these positions like old hands, and it looks as if FSC is on its way to having another thoughtful, efficient Board.

The next Board meeting is Tuesday, April 8. Stop in and see your Board in action.

### Alateen, Anyone?

Everybody talks about the need for Alateen, but nobody does anything about it. Mentioning to a Board member that FSC should offer at least one Alateen meeting doesn't get the job done. When a new meeting is started at FSC it's because there are people committed to getting it off the ground *themselves*, and that's what's needed to bring Alateen to FSC.

FSC exists to provide a safe, serene facility in which 12-Step groups can meet and their members recover. The Board tries to meet the needs of its members, but the members have to initiate the request and be the driving force that gets it done.

Starting an Alateen group is not as simple as starting other 12-Step groups. Because most Alateeners are minors, Alateen groups must have adult leaders, and the leaders must pass a security check. The Board has the necessary information for you and will be glad to help you jump through the hoops, but you have to *ask*.

### Spring Is Here and You Know What That Means...

The snow will melt, revealing six month's worth of chewing gum wrappers and cigarette butts. FSC has some of the nicest grounds of any clubhouse anywhere, but a sure way to override their beauty is to leave all that litter -- especially the cigarette butts -- lying around.

It would be fitting if the people who caused the litter would take responsibility for cleaning it up, and it would be terrific if people who didn't cause the mess felt like pitching in too! It's easy to do. Get two baggies (or bread bags or whatever), one to put your hand in so that when you pick up the junk it won't actually touch your hand, and one to put the trash in. When you're finished tie up the bag so the butts won't smell and put it in the trash bin in the lobby.

If each litterer would devote about 20 minutes to the project, our yard (and parking lot -- don't forget the parking lot!) will be beautiful again.

### Recovery Today Is on Its Way

Soon -- hopefully in the April issue -- a recovery supplement will be added to *What's Happening at FSC!*

*Recovery Today* will be offered quarterly (or as original material is available) as a supplement and compliment to *What's Happening at FSC*. While *What's Happening* focusses on the doings of the Fitchburg Serenity Club, *Recovery Today* will focus on the *recoveries* that are occurring in and arising from our clubhouse.

Everything published in *RT* will be the **original creation** of an FSCer. And because *RT* will only be distributed online, you will be able to use color in your artwork!

Artwork? Yes! And poetry and prose and music and photography and anything that helps you express something about recovery in general or yours in particular. Maybe a couple of paragraphs similar to our daily readings. Maybe a cartoon. Maybe something profound. Or silly. Or something your kid said. And we want input from all the recoverers who use FSC -- not just AA and AlAnon. Maybe you'll teach the rest of us something about you're charming, esoteric addiction.

It'll be easy to submit your creations to *Recovery Today*. Probably the simplest way will be by email. Send your original work to: [linty1@mac.com](mailto:linty1@mac.com). Be sure to include your contact information with your submission: name, phone and email address. Please indicate how you would like to be credited: "Anonymous," just your initials, or first name and initial. And be sure to keep a copy of everything for yourself!

If you have questions or can't submit your material by email, call Linda M. at 608-278-8689.

The material appearing in *Recovery Today* won't all be brilliant, but it'll all be *ours*, so pick up your pen or paintbrush and have at it!

### In This Season of Giving...

...To the IRS, that is, it's well to remember that your dues and donations to the Fitchburg Serenity Club are **tax deductible!**

*What's Happening at FSC* is produced monthly as a service to those who use the Fitchburg Serenity Club. **To receive a free email copy of this news page (or to un-receive it), contact Linda M: [linty1@mac.com](mailto:linty1@mac.com) or 608-278-8689.**

